



# Whiti Ora SOUTH Timetable January – March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>WATER WALKING</b> 9.30- 11am Massey Park Pools, Papakura <i>Fuli</i> Start 12 <sup>th</sup> Jan	<b>WATER WALKING</b> 9.30- 11am Ōtāhuhu Pools, Ōtāhuhu <i>Fuli</i> Start 13 <sup>th</sup> Jan	<b>SPEED FREAKS</b> 12.30- 2pm Ambury Regional Park, Māngere Bridge <i>Fuli, Andrea &amp; Justine</i> Start 14 <sup>th</sup> Jan	<b>FRANKLIN WALKS</b> 10 – 11am Parks in & around Franklin <i>Monique</i>	<b>EXPLORE AUCKLAND</b> 9.30am- 12pm Cost depending on activity (16, 23 & 30 JANUARY ONLY) <b>MINI GOLF</b> 10 – 11am Treasure Island Mini Golf, Māngere \$3 contribution (starts 13 <sup>th</sup> Feb) <i>Fuli</i>
<b>MUSIC SOCIAL GROUP</b> 10:30am - 12pm Te Puke ō Tara Community Centre (One week at the venue, the next week out in the community) <i>Monique</i>	<b>TENPIN BOWLING</b> 2- 3pm Pukekohe Cosmopolitan Club, Pukekohe <i>Fuli &amp; Monique</i> Start 13 <sup>th</sup> Jan	<b>MIXED INDOOR NETBALL</b> Evening Games – 6pm onwards Action Indoor Manukau <i>Fuli &amp; Wenber</i> Starts Late Jan/Early Feb	<b>ART CREATOR SPACE</b> Self-guided – create/work on own art 11am- 1pm Beautification Trust, Manurewa <i>Daryl</i> Starts 15 <sup>th</sup> Jan	<b>RAINBOW SOCIAL GROUP</b> 10:30am-12pm Alternating fortnightly in-person and online via Zoom <i>Laura</i> Starts 9 <sup>th</sup> Jan
<b>YOUTH SOCIAL GROUP</b> 11am onwards Various Locations <i>Justine, Wenber</i> Starts Late Jan	<b>VOLLEYBALL</b> 12:30-2:30pm Allan Brewster Leisure Centre, Manukau <i>Justine</i> Start 13 <sup>th</sup> Jan	 We'd love to hear your feedback & ideas. Please contact us at <a href="mailto:pf.admin@ember.org.nz">pf.admin@ember.org.nz</a>	<b>BOARD GAMES</b> 2 – 4pm Collectors Guild, Waiuku <i>Monique</i>	<b>CREATIVE WRITING</b> 11am – 1pm Highland Park Community House, Highland Park <i>Monique</i>
<b>POOL TABLE COMPETITION</b> 1.30- 3pm Massey Park Pools, Papakura <i>Fuli</i> Start 5 <sup>th</sup> Jan	<b>ONLINE GAMES</b> 2:30 – 3:30pm Zoom Meeting <i>Wenber</i> Starts 20 <sup>th</sup> of Jan	 Please stay Vape-free & Smoke-free during the groups. Thanks 😊	<b>VIRTUAL TRAVEL</b> 2:30 – 3:30pm Zoom Meeting <i>Wenber</i> Starts 22 <sup>nd</sup> of Jan	<b>CULTURAL GROUP/LEARN BASIC SAMOAN</b> Venue & Time TBC Please register your interest <i>Justine</i> Starts 13 <sup>th</sup> Feb

## Programme Locations

**Action Indoor Manukau** 557 Great South Road, Manuaku  
**Allan Brewster Leisure Centre** 7 Tavern Lane, Papatoetoe  
**Ambury Regional Park** 43 Ambury Road, Māngere Bridge  
**Beautification Trust** 38 Holmes Road, Manurewa  
**Collectors Guild** 21a Queen Street, Waiuku  
**Highland Park Community House** 47 Aviemore Drive, Highland Park  
**Massey Park Pools** 2R Ron Keat Drive, Papakura  
**Otahuhu Pools** 30 Mason Avenue, Ōtāhuhu  
**Papakura Club** 5 Croskery Road, Papakura  
**Pukekohe Cosmopolitan Club** 78 Nelson Street, Pukekohe  
**Te Puke ō Tara Community Centre** 20 Newbury Street, Ōtara, Auckland  
**Treasure Island Adventure Golf** 1 Uenuku Way, Māngere

## Programme Descriptions

**Volleyball** For all ages, all journeys. A fun & supportive space for anyone wanting to stay active, connect with others, & boost their wellbeing—whether you're new to the game or getting back on court.

**Youth Social Group** Meet new mates. Share good vibes. Find your spark. A relaxed space for young people to hang out, try new activities, & support each other.

**Physical address:** 326 Church Street, Penrose Phone: 5232790

**Email:** pf.admin@ember.org.nz **Website:** [www.ember.org.nz](http://www.ember.org.nz)

**Transport:** Some transport support is available but is limited, please discuss with the facilitator.

**Disclaimer:** Whiti Ora aims to provide safe environments for all, however, please take responsibility for your own health & safety while attending groups. Please wear appropriate clothing & footwear e.g. sports clothing & shoes for physical activities, bring your own water bottle & maintain a good level of hygiene. Please discuss any concerns with your facilitator before the activity.



# Whiti Ora

## SOUTH Timetable

**January, February, March 2026**



**Please register with Whiti Ora & attend an introduction meeting before attending groups.**