

Whiti Ora NORTH/WEST Timetable January – March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>We'd love to hear your feedback & ideas. Please contact us at pf.admin@ember.org.nz</p>	TENPIN BOWLING 11am-12:30pm Zone Bowling, Henderson <i>Daryl</i>	CAFE KŌRERO (Te Ao Māori Chat & Connect) 12:30 – 1:30pm Rānui Community Centre Cafe \$3 contribution towards coffee (optional) <i>Daryl</i>	LAWN BOWLS 11am-12:30pm Blockhouse Bay Bowling Club, Blockhouse Bay <i>Wenber</i>	MONTHLY MOVIE MEETUP 10am – 1:00pm Westgate Cinemas \$5 Contribution (Last Friday of the month) 30/1, 27/2, 27/3 <i>Daryl</i>
	BADMINTON & TENNIS 12-2pm Badminton North Harbour Becroft Tennis Club <i>Naga & Wenber</i> Starts 3 rd Feb	 <p>Please stay Vape-free & Smoke-free during the groups. Thanks 😊</p>	BADMINTON NORTH 11am- 12pm Badminton North Harbour <i>Fuli & Justine</i> Starts 19 th Feb	WEST WALKS 11am - 12pm Massey area, rotating locations <i>Daryl</i> No group last Friday of month
	ONLINE GAMES 2:30 – 3:30pm <i>Zoom Meeting</i> Wenber Starts 20 th of Jan		VIRTUAL TRAVEL 2:30 – 3:30pm Zoom Meeting <i>Wenber</i> Starts 22 nd of Jan	RAINBOW SOCIAL GROUP 10:30am-12pm Fortnightly via Zoom <i>Laura</i> Starts 9 th & 23 rd Jan

Programme Locations

Action Indoor Stadium 577 Great South Road, Manukau
Badminton North Harbour 47 Bond Crescent, Forrest Hill
Becroft Tennis Club 47 Bond Crescent, Forrest Hill
Blockhouse Bay Bowling Club 33 Terry Street, Blockhouse Bay
Bowling Zone 28-30 Catherine Street, Henderson
Event Cinema 34 Maki Street, Westgate
Rānui Community Centre Café 474 Swanson Road, Rānui

New Programme

Te Aō Māori Kōrero- each week we will discuss one Te Aō Māori concept to guide our knowledge and understandings. Share your cultural knowledge and experiences in a warm, welcoming group environment. Connect culturally and empower one another with our shared knowledge.

Physical address: 326 Church Street, Penrose **Phone:** 09 5232790
Email: pf.admin@ember.org.nz **Website:** www.ember.org.nz

Transport: Some transport support is available but is limited, please discuss with the facilitator.

Disclaimer: Whiti Ora aims to provide safe environments for all, however, please take responsibility for your own health & safety while attending groups. Please wear appropriate clothing & footwear e.g. sports clothing & shoes for physical activities, bring your own water bottle & maintain a good level of hygiene. Please discuss any concerns with your facilitator before the activity.



Whiti Ora

North/West

Timetable

January, February, March 2026



Please register with Whiti Ora & attend an introduction meeting before attending groups.